



OCTOBER



October 14, 2019		MENU IS SUBJECT TO CHANGE			October 18, 2019
10/14/2019		10/15/2019	10/16/2019	10/17/2019	10/18/2019
MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cherrios	Pumpkin Muffins	Kix	Egg and Turkey Sausage Bake	Cranberry Oatmeal
	Mandarin Oranges	Pears	Peaches	Oranges	Apples
	Milk	Milk	Milk	Milk	Milk
LUNCH	Beef and Broccoli	Turkey Sandwiches	Cheese Ravioli with Eggplant	Chicken Avocado Wraps	Roast Turkey
	Brown Rice	Cucumbers	Green Salad	Cucumbers	Pumpkin Soup
	Peaches	Mixed Berries	Oranges	Pears	Strawberries
	Milk	Milk	Milk	Milk	Biscuits
					Milk
SNACK	Cranberry Orange Muffins	String Cheese	Pumpkin Smoothie	Hard Boiled Egg	Graham Crackers
	Milk	Apples	Goldfish	Apples	Milk
		Water	Water	Water	

*Whole Milk served to Children 18-23 months. 1% Milk served to Children 24 months and up. All milk and milk substitutes are unflavored.